

AWAKEN TO JOY

A festival for the senses

A day of unity in community to raise your vibration.
Join with others to sing, dance, laugh and be happy and
experience the joy of connection.

A magical experience you will never forget.

Come and experience joy with 12 x 45-minute
activational circles and other activities led by experienced
facilitators that will uplift, enlighten and transform you.

A non-profit, non-religious event.

Where: The J Centre Auditorium,
60 Noosa Drive
Noosa Junction

When: Saturday January 19, 2008 from 9.30am-4pm.

Cost: By donation.

Light refreshments available

Big and small kids welcome.

Children need to be supervised by an adult.



PROGRAM

~ *Saturday January 19, 2008* ~
The J Centre, Noosa Junction

9.30am

Opening ceremony

10am

- Innocent Heart Activation with Ishtarlea
Connect with angels, fairies, and more
 - Kaleidoscopes with Julie Pretyman
Discover how colour affects your life

11am

- Beat of Life Drumming with Bec, Tracee Lee & Aaron
Mother Earth story (Bring a drum)
 - Laughter Yoga with Julie and Terence
Laugh away all your troubles

Noon

- Sacred Crystal Ceremony with Simone Matthews
Crystal energy balance (Bring own crystal - optional)
 - Angelic Circle with Janet and Carolyn Duhs
Create an angel mandala - big and small kids

1pm

- Weaving the Divine with Oriya
Dance with joyful movement and sound
 - Code Circle with Ajhania
Draw sacred images and codes

2pm

- Sacred Sound Circle with Jo Deguara
Sing and sound your way to joy
 - Sphere Circle with Amenti
Energy body - connect and shift energy

3pm

- Masculine and feminine with Jacquie and Kel
Create harmony in relationship
 - Healing the Heart with Ishtar
Share your joy with each other

4pm

Closing Ceremony

Plus: • Face painting • Wishing tree • Walk the Labyrinth